



## ADULT CLIENT SELF-REPORT

Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ Gender \_\_\_\_

Name \_\_\_\_\_  
First Middle Last

Address \_\_\_\_\_  
Street Apt. # City State Zip Code

Phone \_\_\_\_\_  
Home Business Mobile

Employer/School \_\_\_\_\_

Occupation/Grade \_\_\_\_\_

Education (Highest grade or degree completed) \_\_\_\_\_

Religion/Denomination \_\_\_\_\_

Who referred you here? \_\_\_\_\_

Military service? Yes \_\_\_\_ No \_\_\_\_ Dates \_\_\_\_\_

Did you serve in combat? Yes \_\_\_\_ No \_\_\_\_

### FAMILY INFORMATION

Mother \_\_\_\_\_  
Name Age Deceased? Date Age at Time

Father \_\_\_\_\_  
Name Age Deceased? Date Age at Time

Brother/Sister \_\_\_\_\_  
Name Age Deceased? Date Age at Time

Brother/Sister \_\_\_\_\_  
Name Age Deceased? Date Age at Time

Brother/Sister \_\_\_\_\_  
Name Age Deceased? Date Age at Time

Brother/Sister \_\_\_\_\_  
Name Age Deceased? Date Age at Time

Brother/Sister \_\_\_\_\_  
Name Age Deceased? Date Age at Time

Name \_\_\_\_\_

Married or in significant relationship? Yes \_\_\_\_ No \_\_\_\_ If yes, how long? \_\_\_\_\_

Spouses or partner's name \_\_\_\_\_

Previous marriages or significant relationships

Name \_\_\_\_\_ Date from \_\_\_\_\_ to \_\_\_\_\_

Name \_\_\_\_\_ Date from \_\_\_\_\_ to \_\_\_\_\_

Name \_\_\_\_\_ Date from \_\_\_\_\_ to \_\_\_\_\_

Name \_\_\_\_\_ Date from \_\_\_\_\_ to \_\_\_\_\_

### CHILDREN

Name	Age	Gender	Married?	Children?
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Name	Age	Gender	Married?	Children?
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Name	Age	Gender	Married?	Children?
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Name	Age	Gender	Married?	Children?
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Name	Age	Gender	Married?	Children?
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Have any children died? Yes \_\_\_\_ No \_\_\_\_

If yes, please give details \_\_\_\_\_

### BACKGROUND

Did your parents ever have problems with alcohol or drug use?

Never \_\_\_\_ Seldom \_\_\_\_ Sometimes \_\_\_\_ Often \_\_\_\_ Very Often \_\_\_\_

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Never \_\_\_\_ Seldom \_\_\_\_ Sometimes \_\_\_\_ Often \_\_\_\_ Very Often \_\_\_\_

Name \_\_\_\_\_

Did you ever observe abuse (verbal, emotional, or physical) between your parents?

Never \_\_\_\_ Seldom \_\_\_\_ Sometimes \_\_\_\_ Often \_\_\_\_ Very Often \_\_\_\_

Were you ever abused (verbally, emotionally, physically, or sexually) by parents?

Never \_\_\_\_ Seldom \_\_\_\_ Sometimes \_\_\_\_ Often \_\_\_\_ Very Often \_\_\_\_

Have you ever been abused (verbally, emotionally, physically, or sexually) by your partner?

Never \_\_\_\_ Seldom \_\_\_\_ Sometimes \_\_\_\_ Often \_\_\_\_ Very Often \_\_\_\_

Have you ever been abused (verbally, emotionally, physically, or sexually) by anyone else?

Never \_\_\_\_ Seldom \_\_\_\_ Sometimes \_\_\_\_ Often \_\_\_\_ Very Often \_\_\_\_

### PREVIOUS THERAPY EXPERIENCE

Date	Provider	Duration	Inpatient or outpatient?	Mental Health or Substance?
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Are you currently in treatment with another therapist? Yes \_\_\_\_ No \_\_\_\_

If so, whom are you seeing? \_\_\_\_\_

### MEDICAL INFORMATION

Primary care physician \_\_\_\_\_

Are you currently on psychiatric medications? Yes \_\_\_\_ No \_\_\_\_

Medication	Condition	Prescriber
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Name \_\_\_\_\_

Past surgeries or serious medical conditions

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Allergies or adverse reactions to medications    Yes \_\_\_\_ No \_\_\_\_

If yes, please describe \_\_\_\_\_

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CURRENT CONCERNS

What do you consider your most significant difficulty or problem?

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